Bees or Sneeze

Help solve a case of mistaken identity. Goldenrod and ragweed bloom at the same time of year, and allergies are often blamed on goldenrod’s showy flowers, but ragweed is the real culprit. Different pollen dispersal methods are responsible for allergic reactions. Ragweed has teeny tiny pollen grains that are carried by the wind and can be inhaled by people. Goldenrod has fat pollen grains that need to be carried by pollinators because they can’t drift far on a breeze. If you see bees, the plant isn’t making you sneeze.